Commentary: When possible, revascularize all the important coronary vessels at a minimum

Aaron J. Weiss, MD, Joshua E. Insler, MD, and Faisal G. Bakaeen, MD

In patients with severe coronary atherosclerosis, coronary artery bypass grafting (CABG) has consistently demonstrated superiority over medical therapy and percutaneous coronary intervention both in terms of survival and major adverse cardiac or cerebrovascular events. Complete revascularization (CR) is achieved more commonly with CABG than with percutaneous coronary intervention and is one of the contributing factors to improved patient survival compared with incomplete revascularization. Yet, surgeons may encounter anatomical (heavily calcified, diffusely diseased small target vessels) and logistical (lack of suitable conduits or purposeful minimization of operative times in sick patients) challenges intraoperatively that may complicate the ability to achieve CR.

The continued lack of a universal, well-validated definition for CR during CABG complicates critical appraisal of the study by Bianco and colleagues in this issue of the Journal, as well as others with similar objectives. The authors used 2 common anatomic definitions: the first based on grafting all significantly diseased vessels, and the second in which all significantly diseased main branches (eg, left anterior descending, right coronary, and circumflex) are grafted. Other popular definitions noted by the authors but not assessed include the residual SYNTAX scores and functional criteria assessed with the use of fractional flow reserve.

The authors’ findings that foregoing bypass of nonmain branch vessels was not associated with major adverse cardiac or cerebrovascular events or mortality risk presents an opportunity to re-evaluate the significance of target selection. We previously reported on the benefits associated with bypassing important target vessels using internal thoracic artery grafts. We defined an important target vessel as that which reaches more than 75% from the base toward the apex of the ventricle or a shorter vessel with branches supplying a large myocardial territory.

While we believe that performing additional bypasses of less important vessels is unlikely to affect patient survival (even if grafts remain patent), there are few relevant studies from which to draw definitive conclusions. We also know very little about any potential effect of foregoing the bypass of less-important vessels on angina and quality of life.

One caveat of the study by Bianco and colleagues was that only 82% of patients received a left internal thoracic artery graft. In addition, there was no information about the rate of multiarterial grafting (MAG) usage—a relevant variable, given that MAG has been shown to be associated with improved patient survival compared with single arterial CABG irrespective of completeness of revascularization. Finally, the most important missing piece of the puzzle was the absence of data regarding the reasons why the patients in the incomplete revascularization cohort were not completely revascularized; however, this is not easily determined retrospectively.

In summary, we believe surgeons should, at a minimum and whenever feasible, prioritize complete revascularization of all important target vessels during CABG.
Commentary: At the surgeon’s discretion: Complete revascularization is best

J. Hunter Mehaffey, MD, MSc, and Robert B. Hawkins, MD, MSc

Bianco and colleagues1 present an inverse probability of treatment weighted study of long-term outcomes after coronary artery bypass grafting (CABG) in patients undergoing complete versus incomplete revascularization. The authors define completeness of revascularization as number of vessels or territories meeting criteria for stenosis by the interventional cardiology team that were or were not revascularized. A secondary analysis was performed to assess the relationships among main-branch (ie, left main, left anterior descending, circumflex, and right coronary artery) versus nonmain-branch completeness of revascularization. The primary end point was major cardiac and cerebrovascular events or mortality evaluated by medical records, telephone/e-mail follow-up, and the Social Security Death Index. The authors conclude complete surgical revascularization is associated with improved midterm survival and reduced major adverse events in the main-branch subset.

CENTRAL MESSAGE
Complete revascularization in CABG may be associated with better midterm outcomes in a retrospective IPTW study; however, accounting for selection bias and surgical decision making is difficult.

References

See Article page 104.