Giovanni Benfari, MD, Lucia Rossetti, MD, Andrea Rossi, MD, and Giovanni Battista Luciani, MD, Verona, Italy

Isolated mitral valve cleft is an uncommon cause of congenital mitral regurgitation typically affecting the aortic or anterior leaflet. More rarely, an isolated cleft of the mural or posterior leaflet has been observed. The presence of cleft in both the aortic and mural mitral valve leaflets represents an exceptional feature, with only 3 previous reports to date.1-3 Detailed review of previous reports, however, has often evidenced eccentric location and incomplete segmentation (ie, not reaching the annulus) of the so-called clefts.1-3 This observation suggests that these may perhaps represent deeper indentations between well-defined scallops of

FIGURE 1. X-plane 2-dimensional color Doppler images showing severe mitral regurgitation with mildly eccentric holosystolic jet (A) and atrial 3-dimensional zoom view of the mitral valve (B). A large cleft within the aortic (anterior) scallop A2 is shown to reach the mitral annulus just below the mitroaortic junction. A second cleft within the mural (posterior) scallop P2, reaching the posterior mitral annulus, is also detectable (X7-2t transesophageal probe, optimized on 4 heart beats). Asterisk indicates mitral valve cleft.

VIDEO 1. Color Doppler 2-dimensional record showing severe mitral regurgitation with mildly eccentric holosystolic jet (X7-2t transesophageal probe, X-plane mode).
otherwise anatomically normal mitral valves, rather than true congenital anomalies of the mitral valve.

To the best of our knowledge, ours is the first case of “true” cleft in both the aortic and mural mitral valve leaflets. To distinguish it from previous reports, here clefts are defined as lesions reaching the anterior and posterior mitral annulus (atrioventricular junction). The 2 main leaflets of the mitral valve (aortic and mural) were thus divided into nearly 4 symmetric segments, giving rise to a 4-leaflet mitral valve. The defect was initially suspected on the basis of transthoracic echocardiography, and then a diagnosis was made on the basis of 3-dimensional transesophageal echocardiography, on which severe mitral regurgitation was evident (Figure 1 and Video 1), and the structural details of the defect were characterized by 3-dimensional reconstruction (Figure 1 and Videos 2 and 3). Intraoperative findings confirmed the transesophageal echocardiographic images, disclosing a typical, large cleft in the aortic mitral leaflet (A2) and a specular lesion affecting the mural mitral annulus (P2; Figure 2). The lesion was repaired by apposition of both the anterior and the posterior mitral clefts with direct suture and by posterior ring annuloplasty with bovine pericardium. Postoperative transesophageal echocardiography showed thickened mitral valve leaflets with only trivial residual mitral regurgitation and a mildly accelerated left ventricular filling (mean gradient of 5 mm Hg), which was confirmed by predischarge transthoracic echocardiography.

Preoperative distinction of multiple and deeper indentations in anatomically normal or mixomatous mitral valves from isolated clefts of the aortic, mural, or both mitral leaflets is often difficult, ultimately relying on surgical confirmation. We propose here a differentiation between true isolated mitral clefts versus more pronounced indentations between normal scallops on the basis of the symmetry of the defect and the ability to reach the mitral annulus.
Whereas the former should be ascribed to congenital malformations of the mitral valve, the latter may represent anatomic variants of otherwise normal mitral leaflets or, more rarely, adaptive mechanisms of the mitral valve configuration, as observed in some disease conditions. In our case, real-time 3-dimensional echocardiography was highly predictive of detailed surgical anatomy and thus promises to be an invaluable tool in distinguishing between rare mitral valve malformations and variants of normal anatomy.

**References**

**EDITORIAL COMMENTARY**

How many leaflets in the mitral valve?

Robert H. Anderson, BSc, MD, FRCPath

In their brief report published in this issue of *The Journal*, Benfari and colleagues demonstrate the presence of clefts within both the aortic and mural leaflets of the mitral valve, producing the arrangement they describe as being “quadricuspid.” In making this designation, Benfari and colleagues have shown their preference to retain the concept of the normal mitral valve possessing but 2 leaflets. Citing historical preference and mindful of their Italian heritage, they are happy to describe the 2 leaflets, as did Andreas Vesalius when working in Padova many centuries ago, as being aortic and mural. The obliquity of the left atroventricular junction means that these designations are more accurate than the alternative and popular titles of anterior and posterior leaflets. Any anatomic structure with 2 moving components, of course, must then close along a solitary zone of apposition, as with the lips or the eyelids. Anatomists call this zone of apposition the “commissure.”

**Central Message**
For the best description of the leaflets of the normal mitral valve and their component parts, we should take note of their pattern of closure.

See Article page e51.

**FIGURE 1.** The solitary zone of apposition of the mitral valve, with slits in the mural leaflet.