Relapsing polychondritis (RP) is a multisystem inflammatory disease of unknown etiology affecting mainly chondritis of auricular, nasal and tracheal cartilage. Recurrent episodes of inflammation result in cartilage destruction and malacia of the airways. It often requires challenging endoscopic stent placement. We report the case of an extended tracheal and bronchial membranous laceration treated conservatively, with a total weaning from mechanical ventilation thanks to venovenous extracorporeal membrane oxygenation (ECMO).

**CLINICAL SUMMARY**

A 41-year-old man with a diagnosis of RP underwent an elective tracheobronchial endoscopy. Because of the global airway malacia, Y-prosthesis placement was attempted. The procedure was complicated by bronchial edema and perforation of the tracheal membranous wall extending from the carina to the main bronchi, leading to bilateral tension pneumothorax and hemodynamic instability. The situation was initially stabilized by insertion of a single tracheal prosthesis, allowing safe intubation and by
FIGURE 1. Computed tomographic reconstructions. A, The black arrow points to the right main bronchial fistula zone, showing abnormal air presence. B, The black arrow points to the left main bronchial fistula. C, Sagittal view showing subcutaneous emphysema and pneumomediastinum. The black arrow points at the carinal fistula zone.

bilateral pleural drain insertion. No other prosthesis could be safely and durably reinserted because of the severe membranous perforation. The patient was transferred to the intensive care unit. Hemodynamic status was stabilized; however, the respiratory management remained challenging. Inflammatory edema and malacia required high ventilation pressures but resulted in massive air leakage and compromised airway healing. At day 3, endoscopy confirmed important worsening of the lesions under mechanical ventilation. After a failed extubation attempt, we performed a tracheotomy to promote a faster respiratory weaning. On day 6, mechanical ventilation was still required and a pneumomediatinum and pneumoperitoneum occurred, causing gas tamponade and higher ventilation difficulties (Figure 1). After urgent percutaneous drainage of the mediastinum, the decision was made to implant percutaneously a venovenous ECMO from the right femoral vein to the right jugular vein, to correct hypoxemia and hypoperfusion. 

Flow rates were adapted to the patient cardiac output (5.6 L/min, 4000 rpm) and to obtain an oxygen saturation greater than 90%. Prophylactic anticoagulation therapy was decided.

Blood gas values were optimized (pH 7.46; PO$_2$, 84 mm Hg; PCO$_2$, 51 mm Hg). Sedation was stopped, and the patient recovered spontaneous ventilation with complete mechanical ventilation weaning within hours. Air leakage decreased, as did subcutaneous emphysema, pneumomediastinum, and pneumoperitoneum, and stopped completely at day 15. Healing was checked by regular endoscopies. After 1 week of ECMO, hemostasis troubles characterized by bleeding around cannulas required blood transfusions. 

ECMO was removed after 14 days, when complete healing was obtained, with normal blood gas values. Cannulation of the tracheotomy was discontinued. Hospital discharge was possible after 36 days. The most recent endoscopy control on day 45 confirmed correct healing of the airways without any obstruction (Figure 2).

**DISCUSSION**

Pulmonary manifestations of RP are characterized by tracheobronchomalacia, which may need iterative endoscopic stent placement. These inflammatory tissues are fragile, and therapeutic endoscopy may lead to severe or even lethal complications. This case of life-threatening bilateral tension pneumothorax and pneumomediastinum occurred after a bronchial tear during Y-prosthesis insertion in a patient with RP and bilateral main bronchial obstruction.

In usual traumatic airway injuries, spontaneous ventilation is the best way to heal. If mechanical ventilation is required, several conservative solutions have been described to avoid ventilation's harmful effects, such as selective intubation, balloon placement, and prosthesis insertion. None of these solutions was suitable for our patient because of the size, the location of the lesions, and the fragility of the inflammatory tissues. Surgery would have been extensive, probably worsening the lesions and inflammation.

Venovenous ECMO is now commonly used in various adult respiratory distress syndrome situations to allow improvement of oxygenation and protective ventilation, avoiding mechanical ventilation–related damage. It has seldom been described in association with the surgical treatment of tracheobronchial disruption. Awake ECMO initiation has already been performed for different clinical features; however, no case of tracheobronchial tear treated exclusively with venovenous ECMO, permitting total spontaneous healing, has been reported previously.

Complications of ECMO are now well known and often avoidable. Benefits and risks of this technique should be discussed for each clinical situation. In our case, venovenous ECMO was the most reliable, conservative, and efficient therapy to treat this tracheobronchial laceration.

This report emphasizes an unexpected advantage of ECMO. Whereas it was initially implanted to fix a life-threatening situation where mechanical ventilation was dangerous and inefficient, ECMO allowed, above all, awake spontaneous ventilation. Avoiding mechanical ventilation's barotraumatic effect, it broke the vicious circle of mechanical ventilation, which was both necessary for survival but deleterious to the healing process. It thus became the most effective way to allow spontaneous healing of these tracheobronchial lesions. ECMO initiation could be discussed earlier in cases of airway injuries in which mechanical ventilation remains an impasse.

**References**


