Tracheal injury during pneumonectomy: Semi-conservative treatment

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Tracheobronchial laceration (TBL) is a serious lesion usually occurring during endotracheal intubation and frequently involving the pars membranacea. Treatment can be conservative for small lesions and when the patient’s condition is stable, or surgical for bigger lesions and when pneumomediastinum and/or subcutaneous emphysema threaten the patient’s life.1,2

We hereby describe a case of right-sided TBL in a patient undergoing left pneumonectomy in which a semi-conservative treatment was accomplished.

Clinical Summary
A 54-year-old, 156-cm tall male patient was admitted to our hospital with a diagnosis of squamous cancer of the left lung. The tumor was clinically staged as T2 N0 M0. General anesthesia was induced, and the patient was easily intubated with an endotracheal double-lumen tube. With the patient in the right lateral decubitus position, through a lateral thoracotomy in the left fifth intercostal space, a left pneumonectomy was carried out. The left bronchus was doubly closed with mechanical and manual sutures and a drain was inserted. During the operation, the anesthesiologist did not report any episode of desaturation or bleeding from the tracheal tube. The patient was extubated on the table, his condition was stable, and blood gases were good.

Shortly after recovery from anesthesia, the patient suddenly began having intense dyspnea and a rapidly evolving subcutaneous emphysema in the head, neck, and upper part of the chest aggravated by coughing and without any air leak in the Bülau drainage. Blood gases were as follows: PO2 38.8 mm Hg, PCO2 34.1 mm Hg, pH 7.47, and oxygen saturation 70%. Chest radiography showed right pneumothorax and a wide pneumomediastinum. Examination with a fiberoptic bronchoscope revealed a tear (4-cm long) on the right side of the trachea 2 cm above the carina (Figure 1, A). The right pneumothorax was drained and the patient was returned to the operating room. We thought that performing a right thoracotomy in a patient with a left pneumonectomy and in respiratory distress would not be wise. Therefore, we decided to treat the patient semi-conservatively. With general anesthesia, we performed an anterior cervicotomy. The infrathyroid muscles were dissected, the pretracheal fascia was entered, and a drain was inserted into the pretracheal fascia (Figure 1, B).

The patient’s clinical condition improved, the subcutaneous and mediastinal emphysema disappeared, the patient was extubated in the operating room, and the postoperative course was uneventful. Mediastinal and right chest drains were removed 3 and 5 days, respectively, after the operation, and the patient was

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discharged to his home on the eighth postoperative day. A bronchoscopic examination, performed at day 30 after the tracheal lesion, showed perfect scarring. Two years later the patient is in good clinical condition and without recurrence of the squamous tumor (Figure 2).

Discussion
Tracheobronchial lacerations are rare complications of endotracheal intubation. Frequency of TBL after double-lumen intubation is less than 1%. Female sex, shortness of stature, difficult intubation, and abnormalities and weakness of the membranous trachea (e.g., elderly patients, steroid therapy) are predisposing factors. Inadequate tube size, overdistention of the cuff, sudden movements and malpositioning of the tube, and repeated attempts at intubation are the main factors causing these lacerations. Symptoms may appear during mechanical ventilation (desaturation, bleeding from the tube, mediastinal emphysema) or after the mechanical ventilation has been stopped and the patient resumes normal breathing and coughing (subcutaneous emphysema, dyspnea, pneumomediastinum, hemoptysis). Examination with a fiberoptic bronchoscope, with adequate sedation to avoid coughing, is mandatory in establishing the diagnosis.

Treatment can be conservative or aggressive depending on the extension of the lesion and patient’s clinical condition. Usually, conservative treatment is preferred for stable patients with small uncomplicated tracheobronchial lesions, although conservative treatment has been described for a 7-cm-long lesion. Surgical treatment (through a standard thoracotomy or transcervical approach) is reserved for patients requiring mechanical ventilatory support, for patients after thoracic surgical procedures, for unstable patients with pneumomediastinum, and for emphysema involving the chest, neck, and face. Surgery offers prompt repair, avoids complications (descendent mediastinitis) and sequelae (tracheal stenosis), and allows a relatively short recovery time.

In our case we were caught in a very difficult situation. On the one hand, we had a right tracheal lesion, huge emphysema of the neck and face, pneumomediastinum, right pneumothorax, respiratory distress, and occurrence of the lesion after a thoracic surgical procedure; these factors all recommended an immediate surgical solution. On the other hand, we were worried about performing a right thoracotomy after a left pneumonectomy in a very unstable patient.

Therefore, a semi-conservative treatment, drainage of the pneumothorax and an anterior cervicotomy with tube insertion, avoiding direct surgical closure, appeared to be the best option.

References