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Commentary: Robotic surgical aortic valve replacement: An evolving option

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This report by Badhwar and colleagues¹ describes the successful operative technique and early results of robotic aortic valve replacement (rAVR) in 20 patients using conventional prostheses via a unique lateral approach. We congratulate the authors for this important contribution that advances the application of the robotic platform for aortic valve replacement (AVR). To date, reports describing rAVR are limited to isolated, single-digit case series via primarily an anterior-medial approach using primarily sutureless valves.²⁻⁵ This technique is unique because the approach is lateral rather than medial and it summarizes a large and growing experience compared with reports that have been largely case reports or small case series.

We want to amplify several distinct advantages offered by the novel technique described,¹ which adapts the lateral “mini”-thoracotomy or “working port” incision used by many in robotic mitral valve surgery to rAVR. First, this approach spares the pectoralis major, latissimus dorsi, and right internal mammary artery; minimizes the size of the working port incision; and increases working space compared with conventional anteromedial approaches. It can reduce or eliminate the need for rib-spreading. Thus, patients may benefit from the enhanced recovery that has been demonstrated by the use of this approach in robotic mitral valve surgery.⁶ Totally endoscopic techniques without a thoracotomy are feasible and done by a few

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CENTRAL MESSAGE

Robotic aortic valve replacement (rAVR) through the lateral approach is a promising new minimally invasive technique in our surgical armamentarium for aortic valve replacement.

centers for mitral valve surgery, including ours, and we feel that rAVR will also benefit from this approach and provide additional advantages over a nonrobotic mini-thoracotomy approach to AVR.

Second, this series used a variety of conventional prostheses tailored to patient-specific needs. Thus, rAVR offers patients a distinct advantage over current minimally invasive AVR techniques and transcatheter aortic valve replacement (TAVR), which are limited to a narrow scope of valves that lack long-term durability data. This benefit must be appreciated by both surgeons and patients in consideration of the nonsternotomy approaches available for aortic valve surgery, particularly given concern among surgeons related to TAVR for the low-risk patient population. Also, there are patients for whom a TAVR tissue valve is not ideal, such as those with complex bicuspid aortic valves or those who need a mechanical prosthesis. Thus, rAVR may have advantages over TAVR for certain patient populations.

At present, 14% of all mitral valve repair operations are performed robotically⁷ via the same lateral approach described by the authors in this report. This familiar approach may abbreviate the learning curve for these robotic mitral valve surgeons, making earlier adoption of rAVR more feasible. The opportunity to learn to apply the robotic platform for mitral and aortic valve surgery via the similar approach may motivate cardiac surgeons to invest the time, energy, and resources required to develop the complex skills needed for robotic techniques. Ultimately, the relatively few high-volume robotic cardiac

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surgeons may also limit the adoption of this technique at the current time.

The authors state that the most challenging technical segment of rAVR was the aortotomy closure. There are certainly solutions to this problem, but it is clear this is an important consideration in performing this procedure. Although not reported in this paper, challenges related to inadequate robotic instrumentation necessary for debridement of heavily calcified leaflets^{3,4} have been described. The authors found that this potential concern was not a significant problem.

Innovation is critical to the evolution of our specialty. As noted in Joseph Bavaria's 2017 Presidential Address to the Society of Thoracic Surgeons, the cardiac surgical community cannot shirk its responsibility to continually advance practice with new devices, approaches, and indications for treatment.⁸ The authors are to be commended for their ingenuity and the ability to bring rAVR to patients.

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Commentary: Robotic aortic valve replacement—fad or future?

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In this issue of the *Journal*, Badhwar and colleagues¹ report their initial experience with robotic aortic valve replacement. Twenty patients underwent surgical aortic valve replacement (SAVR) using a lateral thoracotomy approach, similar to that used for robotic mitral valve surgery. On cardiopulmonary bypass (CPB) and using aortic crossclamping (XC), calcified valve leaflets were resected and a stented bioprosthesis or mechanical valves were secured

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CENTRAL MESSAGE

TAVR is now a viable alternative to surgery as the standard treatment of aortic stenosis. Minimally invasive approaches to SAVR are essential for innovation to surgery.

using conventional techniques and a suture fastening device. The patient population was relatively low risk (Society of Thoracic Surgeons predicted risk of mortality 1.6%), but did include patients with comorbidities such as severe lung disease, moderate-severe pulmonary hypertension, radiation valvulopathy with a calcified aortic root, and urgent cases. The duration of CPB and XC were long at

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