Midterm results of vascular ring connector in open surgery for aortic dissection

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Objectives: This study observed midterm results of vascular ring connectors in surgery for aortic dissection.

Methods: Vascular ring connectors were used as stents in vascular grafts to achieve quick, sutureless anastomoses. Tapes were used to secure ringed vascular grafts from outside the aorta.

Results: From November 2007 to February 2011, 113 consecutive patients with aortic dissection, except 3 in preoperative profound shock, underwent open surgery. All underwent aortic reconstruction with vascular grafts and vascular ring connectors: ascending aorta in 29, descending thoracic aorta in 20, distal hemiarch plus descending thoracic aorta in 22, total arch in 14, ascending aorta plus total arch in 12, total arch plus descending thoracic aorta in 7, ascending aorta plus arch plus descending thoracic aorta in 8, and thoracoabdominal aorta in 1. Concomitant operations were 19 Bentall procedures, 14 coronary bypasses, 2 mitral valve replacements, 1 aortic valve replacement, and 1 heart transplant. We used sternotomy to repair 77% of type B dissections, 83% with elephant trunks. Time to extubation was 9.0 ± 6.2 hours. Average blood loss was 345 ± 195 mL. Half the patients needed no blood transfusion. In-hospital mortality was 5.3%; late mortality was 2.7%.

Conclusions: Use of vascular ring connectors in surgical repair for aortic dissection might reduce risks and improve early and midterm results. With addition of elephant trunk, most type B dissections could be repaired through sternotomy. With the improved surgical results, we can suggest open repair for most uncomplicated type B dissections; however, more long-term follow-up is needed. (J Thorac Cardiovasc Surg 2012;143:72-7)

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Open surgical repair for aortic dissection (AD) is challenging. The surgical risks include bleeding from the anastomosis, prolonged cardiopulmonary bypass, and visceral organ ischemia. The wrong surgical approach may further increase the technical difficulties.

To facilitate the surgical anastomosis of fragile aorta and vascular graft, sutureless intraluminal grafts (SILGs) have been used to repair AD¹; however, the results have not been promising.²⁻⁴ Recently, stent-grafts have been introduced to treat type B AD.⁵⁻⁷ This technique has not been very reliable, however, and most patients have needed a hybrid approach.^{8,9} We believe that intraluminal grafts

may reduce bleeding, but the original commercial products were not ideal. We therefore developed a new vascular ring connector (VRC; Vasoring; Sunwei Technology Co, Taipei, Taiwan) to improve the safety of the anastomosis.

The VRC is composed of biocompatible titanium alloy and is made in various sizes (diameter ranging from 12 mm to 30 mm). The device is inserted into either one or both ends of the vascular prosthesis to form a single-ring or double-ring SILG (Figure E1).

Our early results were excellent and have been reported.¹⁰ We now present our midterm results.

MATERIALS AND METHODS

After approval was granted by the institutional review boards, we analyzed our patients who underwent open surgery for AD from November 2007 to May 2011. Except for 3 patients who died of preoperative profound shock, 113 consecutive patients (81 male and 32 female) underwent open surgery. The average age at operation was 59.1 ± 11.3 years (31–79 years), and the mean follow-up was 17.2 ± 11.6 months (1–39 months). The ratio of acute to chronic AD was 2.4:1 (80/33). The ratio of type A to type B AD was 1.4:1 (66/47). Six patients had undergone previous operations for AD (Table E1).

The operations were done on an emergency basis in 30 of 113 cases, an urgent basis in 50 of 113, and elective basis in 33 of 113. Preoperatively, 9 had cardiac tamponade and hypotension, 3 had lower limb ischemia, 3 had malperfusion of at least 1 kidney, and 1 had spinal cord ischemia (Table E2).

Preoperative Assessments

Before surgery, multidimensional computed tomography (MDCT) of the thoracoabdominal aorta and the head and neck arteries were performed.

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Abbreviations and Acronyms

AD	= aortic dissection
CCA	= common carotid artery
DTA	= descending thoracic aorta
IA	= innominate artery
MDCT	= multidimensional computed tomography
SCA	= subclavian artery
SILG	= sutureless intraluminal graft
VRC	= vascular ring connector

The locations of entry tear and the blood supply of visceral organs and common femoral artery were assessed. The origin of the right subclavian artery (SCA) was also assessed. Heart MDCT was routinely performed to rule out coronary artery disease.

Surgical Technique of Sternotomy Approach for Entry Tear Located at the Ascending Aorta, Aortic Arch, or Proximal Descending Thoracic Aorta

Skin preparation included the neck. Arterial pressure catheters were inserted in the bilateral radial arteries. Before heparinization, two 8-mm gel-sealed Dacron polyester fabric grafts were individually anastomosed to a single healthy common femoral artery and the right SCA. After sternotomy was performed and the right atrium was cannulated, cardiopulmonary bypass with moderate hypothermia was instituted. The innominate artery (IA), left common carotid artery (CCA), and left SCA were dissected and looped with tapes. Before the aorta was opened, systemic extracorporeal circulation was stopped except for the brain, which was perfused by the right SCA cannula at a flow of 1000 to 1500 mL/minute. If the ascending aorta was healthy, it was crossclamped, and cardiac arrest was induced by a single dose of histidine–tryptophan–ketoglutarate solution (Custodiol; Essential Pharmaceuticals, LLC, Newtown, Pa) through the aortic root. If the ascending aorta was involved by dissection flap, we would give histidine–tryptophan–ketoglutarate solution through a single-ring SILG that was inserted into the aortic root immediately after the ascending aorta was opened.

According to the locations of entry tear, we treated the patients differently.

Entry tear at the ascending aorta. For entry tear at the ascending aorta (Figure 1), the ascending aorta was replaced with a segment of double-ring SILG. The Bentall procedure might be needed if the tear was close to the aortic valve.

Entry tear at the proximal aortic arch. For entry tear at the proximal aortic arch (Figure 2), the IA, left CCA, and left SCA were ligated at their origins. A double-ring SILG was used to replace the aortic arch. A segment of 6-mm diameter vascular graft was used to create an aorta–left CCA bypass through a separate neck incision. Aorta–IA bypass might be achieved by another graft, either by single-ring SILG or direct carotid anastomosis. Left CCA–left SCA or aorta–left SCA bypass might be performed if the mean pressure of the left radial artery was lower than 60 mm Hg.

Entry tear at the distal aortic arch. For entry tear at the distal aortic arch (Figure 3), the left CCA and left SCA were ligated at their origins. A double-ring SILG was inserted into the aorta. The proximal VRC was placed between the IA and the left CCA, and the distal VRC was placed below the left SCA. The technique of aorta–left CCA bypass and the criteria for left SCA bypass were the same as for entry tear at the proximal arch.

Entry tear at the proximal descending thoracic aorta.

For entry tear at the proximal descending thoracic aorta (DTA; Figure 4), the aortic arch was incised and a single-ring SILG was used as an elephant trunk (10–15 cm long). With the guidewire pulling technique (described further later in this text), the free end of the SILG was brought into the DTA and the VRC was fixed at the level just below the left SCA.

Entry-tear at the proximal DTA with retrograde dissection to the ascending aorta. As with entry tear at the proximal arch, for entry tear at the proximal DTA with retrograde dissection to the ascending aorta, the whole segment of ascending aorta and aortic arch was replaced with a double-ring SILG. An extra length of graft was used as an elephant trunk to cover the entry tear at the proximal DTA.

Guidewire pulling technique. While the aorta was open, a guidewire was inserted into the femoral artery through the graft used for cardiopulmonary bypass. The tip of the guidewire was moved forward and upward until it came out from the true lumen of the aortotomy. A knot was made on the guidewire, and the free end of the elephant trunk was fixed to the knot with a stitch that was further snared by a plastic tube. By pulling the guidewire, the free end of the elephant trunk could be easily placed in the true lumen of the DTA. The snare was released, and the guidewire was removed from the aortotomy.

Surgical Technique of Thoracotomy Approach for Entry Tear Located at the Middle or Lower Portion of the DTA

In the thoracotomy approach for entry tear located at the middle or lower portion of the DTA (Figure 5), a left posterolateral thoracotomy incision was made through the 4th or 5th intercostal space. Cardiopulmonary bypass was then instituted through the left femoral artery and vein. After proximal and distal control was achieved, the aorta was incised and a double-ring SILG was inserted into the aorta and fixed with tapes.

Postoperative Follow-up

All patients underwent intraoperative transesophageal echocardiographic studies before and immediately after the repair. MDCT studies were carried out before discharge and then 3 to 6 months later.

RESULTS

General

All patients with type A AD and 77% of those with type B AD (36/47) underwent median sternotomy. Elephant trunks were used in 83% of the type B AD repairs (30/36) and 6% of the type A AD repairs (4/66). For type A AD repairs, the cardiac ischemic time was 144 ± 95 minutes, the pumping time was 215 ± 78 minutes, the anastomotic time for VRC was 3.5 ± 4.5 minutes, and the operative time was 6.5 ± 3.1 hours. Average hospital stay was 14 ± 10 days. For type B AD repairs, the cardiac ischemic time was 54 ± 65 minutes, the pumping time was 110 ± 56 minutes, the anastomotic time of VRC was 3.1 ± 2.3 minutes, and the operative time was 5.4 ± 3.2 hours. Average hospital stay was 14 ± 8 days (Table E3).

All patients underwent aortic reconstruction with vascular grafts and VRCs: ascending aorta in 29, DTA in 20, distal hemiarch plus DTA in 22, total arch in 14, ascending aorta plus total arch in 12, total arch plus DTA in 7, combined ascending aorta plus arch plus DTA in 8, and thoracoabdominal aorta in 1 (Table E4). Concomitant

FIGURE 1. Surgical diagram showing the technique of repair of entry tear located at ascending aorta.

operations included 19 Bentall procedures, 14 coronary artery bypass grafting procedures, 2 mitral valve replacements, 1 aortic valve replacement, and 1 heart transplant (Table E5).

Excepting the 6 patients who died, all of whom had prolonged mechanical ventilation, time to extubation was 9.0 ± 6.2 hours. Average blood loss was 345 ± 195 mL. Average amount of blood transfused was 268 ± 163 mL, with 57 of 113 patients (50.4%) receiving no blood transfusion. None had dislodgment of the ring from the anastomotic site either during or after the operation (Table E6).

The patient who underwent concomitant heart transplant was operated on for a recurrent arch AD and dehiscence of the aortic conduit from the aortic root after a previous Bentall operation performed for AD. This woman with Marfan syndrome was considered to have an inoperable condition unless repair could be combined with heart transplant. She underwent combined heart transplant and total replacement of the ascending aortic, arch, and DTA. This patient was still very well 2 years after the surgery.

Surgical Complications and In-Hospital Mortality

Six patients died of various complications: cerebral air embolism in 1 case (type B), spinal cord ischemia in 1 case (type B), bleeding in 2 cases (both type A), and ischemic bowel in 2 cases (both type A; Table E7). Two patients with type A AD had transient cerebellar ischemia; however, both recovered well. Two patients with type B AD had transient recurrent laryngeal nerve palsy. Two patients with type

FIGURE 2. Surgical diagram showing the technique of repair of entry tear located at the proximal aortic arch.

A AD had renal failure and received temporary hemodialysis. No one had bleeding from the VRC anastomotic sites. The overall in-hospital mortality was 6 of 113 patients (5.3%).

Late Outcomes

Three of 113 patients (2.7%) died after discharge (Table E8). Two patients with type A AD died of cerebral hemorrhage, probably as a result of poor control of blood pressure. One patient with type B AD died of upper gastrointestinal bleeding. One patient with type B AD had thrombosis of the lower abdominal aorta develop; this was successfully treated with axillofemoral bypass. One patient with type B AD had a minor stroke at home but recovered well. One patient with type A AD had thrombosis of the left CCA develop; this was successfully treated with carotid-carotid bypass. None of the patients had recurrent AD.

False aneurysm formation or hemolysis. No one had a false aneurysm develop at the site of anastomosis as result of migration of the VRC. No patients had evidence of hemolysis.

Outcomes of false lumen in patients with elephant trunk. Immediate closure of the false lumen was observed by transesophageal echocardiographic studies in all but 1 patient. MDCT studies performed at the outpatient department showed the same results.

FIGURE 3. Surgical diagram showing the technique of repair of entry tear located at the distal aortic arch.

FIGURE 4. Surgical diagram showing the technique of repair of entry tear located at the proximal descending thoracic aorta.

Major cardiac events. There were no cardiac events during the period of follow-up, even among those who underwent combined heart operations.

Need for reoperation. No patients required reoperation during this follow-up period.

DISCUSSION

Bleeding Risks

Replacement of a segment of dissected aorta with a vascular prosthesis with sutures is not only time-consuming but also difficult, because the tissue is very fragile. Lethal bleeding from the suture holes is common, because the fine threads may cut through the aortic wall. Theoretically, the holding power of an anastomosis depends on the area of contact surface. The tapes used in fixation for intraluminal grafts provide much bigger contact area than do stitches. We could hardly see any bleeding from the VRC anastomotic sites. Meanwhile, bleeding related to the coagulopathy was also decreased as a result of shortened extracorporeal circulation time. This reduction in bleeding may explain why half of our patients needed no blood transfusions either during or after surgery.

Organ Ischemia

Brain circulation was maintained with right SCA perfusion during circulatory arrest. None of the patients had cerebral ischemia.

We ligated the left SCA without aorta–left SCA bypass in most cases of arch replacement. Two of the patients who underwent arch replacement had transient cerebellar ischemia. We therefore may have to change our policy in the future.

One patient had spinal cord ischemia after the surgery and eventually died. Eight other patients who underwent nearly total replacement of the DTA, however, did not have spinal cord ischemia.

Ischemic bowel is a critical complication: 2 of the 3 affected patients in our series died. Preoperative MDCT studies can provide important information on the anatomy of the dissection flap in the abdominal aorta. During circulatory arrest, intermittent perfusion of the abdominal visceral organs through the femoral cannula is also recommended.

Surgical Approach

The wrong approach may result in poor exposure and mortality. It is obvious that most patients with type A AD with entry tear at the ascending aorta or arch should undergo sternotomy. The surgical approach for patients with entry tear located at the distal arch or proximal DTA, however, might be more difficult to determine. With the use of VRC and elephant trunk procedures, almost all these patients could easily be operated on through a sternotomy. Only in cases of entry tears located at the middle or lower DTA do we use thoracotomy.

FIGURE 5. Surgical diagram showing the technique of repair of entry tear located at the middle or lower portion of the descending thoracic aorta.

Elephant Trunk

The advantages of the elephant trunk procedure have been stressed by Svensson and colleagues¹¹ and confirmed by others.¹² We also found that the combined use of VRC and elephant trunk procedures might make the repair of the proximal portion of the DTA easier. The intraoperative transesophageal echocardiography revealed that the false lumens in all except 1 patient were closed immediately after the procedure. The sole exception was probably due to the inadequate length of the elephant trunk (7 cm).

The use of the guidewire pulling technique to insert an elephant trunk was simple. During circulatory arrest, we found that the true lumen of the aorta was usually wide open, and the guidewire would always pass through the true lumen.

Total Arch Replacement

The technique of island flap may not be useful for patients with AD, because the dissection flap might extend to the arch vessels. We suggest performing aorta-carotid bypass grafting through separate neck incisions. In our series, 1 patient underwent intraluminal grafting for aorta-left CCA bypass and had left CCA thrombosis develop. Since then, we have routinely used suture techniques for aorta-left CCA bypass.

Because of the simplicity of aorta-carotid bypass through separate neck incisions, we recommend replacing the total arch whenever this seems inevitable.

Nearly Total Replacement of Thoracic Aorta

In certain circumstances, we needed to replace the middle or lower portion of the DTA through a sternotomy in patients with type A AD. For example, a patient with a long entry tear at the DTA may also have a retrograde dissection flap extending to the arch and ascending aorta. In this circumstance, the entire thoracic aorta, including the ascending aorta, arch, and DTA, must be replaced. This is technically feasible if we use the intraluminal graft. While the heart apex is lifted, the left pleura is opened, and dissection can be performed to free the lower DTA, which is looped with tapes. A Coda balloon catheter (Cook Medical Inc, Bloomington, Ind) can then be used to pull the distal VRC to the lower DTA for fixation. The lowest portion of the DTA should be spared to prevent spinal cord injury because of the higher incidence of origin of the Adamkiewicz artery from this part of the aorta.

Recurrent AD

Complete repair of the diseased aorta is the goal of surgery for AD. Incomplete repair results in residual AD, which in turn may lead to late death. Five of our patients were referred from other hospitals for reoperation because of incomplete repair during the first operations. With the use of the VRC, none had recurrent AD during this follow-up period.

Pseudoaneurysm and Hemolysis Associated With Intraluminal Grafts

The early results of the use of ringed SILGs in repairing the AD were satisfactory.^{1,13,14} Unfortunately, ringed SILGs were abandoned in response to late reports of pseudoaneurysm formation, which was considered to be caused by the migration of the ring.^{2,3} The Meadox intraluminal graft (Meadox Medical, Oakland, NJ) was the commercial product used in many countries; however, the lack of a furrow on the surface of the plastic ring may have been a cause of migration (Figure E2). Bernardes and associates¹⁵ used a different ring that had a 2.5-mm deep groove for fixation and was placed outside the vascular graft. Their clinical report of this graft in the treatment of AD was excellent. Hemolytic anemia related to the use of intraluminal graft was reported by Sayar and colleagues⁴; however, our patients had no such complications.

Stent-Graft

Stent-grafts have been used to treat AD since 1999.⁵⁻⁷ The advantages of stent-grafts are obvious; however, they are still limited by the landing zones and the risks of new entry.⁸ Most patients still need hybrid surgery.⁹ The use of VRC does not exclude the use of stent-grafts in the treatments of AD. The more tools we have, the better care we can provide for our patients with AD.

Policy of Surgical Treatment for Type B AD

According to a cohort study done by the International Registry of Aortic Dissection, the in-hospital mortality after surgical treatment of type B AD was higher than with medical therapy (32% vs 10%).¹⁶ Even in uncomplicated type B AD, however, the risk of AD-related events is much higher for those who have patent false lumen or a maximal aortic diameter greater than 40 mm.¹⁷ Our in-hospital mortality for patients with type B AD was 2 of 42 patients (4.3%), and we believe that the risk will be even lower after accumulation of experience. We might therefore suggest operating on patients with uncomplicated type B AD if the false lumen is still patent; however, a greater number of longer-term follow-up studies of cases are needed before we can reach a definitive conclusion.

CONCLUSIONS

First, the use of VRC in surgical repair for AD may reduce the risks and improve the early and midterm results. Second, with VRC and elephant trunk, most type B ADs can be repaired through median sternotomy. Finally, in light of the improved surgical results, we suggest treating type B AD more aggressively if the false lumen is still open; however, more and longer-term follow-up is needed before we can make a definitive conclusion.

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Discussion

Dr W. Randolph Chitwood, Jr (Greenville, NC). How do you think this is going to compare with stent-grafting? This technique seems to be an old innovation. Gerald Lemole developed a "tie-in" prosthesis many years ago. Actually, around the early part of the last century, Payr used vitallium tubes to perform sutureless end-to-end-anastomoses. So it is an old technique that you have revised. How is your method going to compare with stent-grafting?

Dr Wei. Well, there are still a lot of problems with the stent-graft used for AD, for example in the newly formed dissection because the intima is so fragile. Maybe in the future the stent-graft will be improved; at present however, I still believe that open surgery like this is the treatment of choice for most of my patients.

Dr Chitwood. You have certainly shown very good results with this method. Did your group experience any paraplegia?

Dr Wei. Only 1 case.

FIGURE E1. Vascular ring connector (VRC) and the formation of intraluminal graft: There are 2 grooves on the outer surface of the vascular ring connector: the narrow groove is used for suture fixation between the vascular ring connector and the vascular prosthesis, and the wider groove is used for fixation between the vascular ring connector and the aorta (A). Braided tapes are used to tie around the overlapping region of the aorta and the vascular ring connector to form a suture-less anastomosis (B).

FIGURE E2. The ring of the Meadox intraluminal graft (Meadox Medical, Oakland, NJ). After removal of the cover, there is no furrow on the surface of the plastic ring.

TABLE E1. Demographics

Male/female ratio	81:32
Age (y)	
Mean ± SD	59.1 ± 11.3
Range	31–79
Acute/chronic ratio	80:33
Type A/type B ratio	66:47
Traumatic (no.)	6
Reoperative surgery for dissection (no.)	6
Sternotomy approach (no.)	102/113 (90.3%)
Elephant trunk (no.)	33
Total cases (no.)	113

TABLE E3. General surgical results

Sternotomy approach (no.)	102/113 (90.3%)
Sternotomy in type B (no.)	36/47 (77%)
Elephant trunk (no.)	
In type B (sternotomy)	30/36 (83%)
In type A	4/66 (6%)
Cardiac ischemic time (min, mean ± SD)	
Type A	144 ± 95
Type B	54 ± 65
Pumping time (min, mean ± SD)	
Type A	215 ± 78
Type B	110 ± 56
Anastomotic time for vascular ring connector (min, mean ± SD)	
Type A	3.5 ± 4.5
Type B	3.1 ± 2.3
Hospital stay (d, mean ± SD)	14 ± 8

TABLE E2. Preoperative comorbidities

	No.
Emergency operations	30
Urgent operations	50
Elective operations	33
Cardiac tamponade and hypotension	9
Malperfusion of lower limbs	3
Malperfusion of kidney	3
Spinal cord ischemia	1

TABLE E4. Segments of aortic replacement

	No.
Ascending aorta	29
Descending thoracic aorta	20
Distal hemiarch plus descending thoracic aorta	22
Total aortic arch	14
Ascending aorta plus total aortic arch	12
Total aortic arch plus proximal third descending thoracic aorta	7
Ascending aorta plus total aortic arch plus proximal 3 quarters of descending thoracic aorta	8
Thoracoabdominal aorta	1
Total	113

TABLE E5. Concomitant procedures

	No.
Bentall operation	19
Coronary artery bypass grafting	14
Mitral valve replacement	2
Aortic valve replacement	1
Heart transplant	1
Total	37

TABLE E7. Surgical complications and in-hospital mortality

Complication	No. and type	Results
Cerebral air embolism	1 type B	Died
Spinal cord ischemia	1 type B	Died
Bleeding	2 type A	Died
Ischemic bowel	3 type A	2 died, 1 survived after bowel resection
Cerebellar ischemia	2 type A	Recovered
Recurrent laryngeal nerve palsy	2 type B	Recovered
Renal failure	2 type A	Recovered
Mortality	4 type A, 2 type B	6/113 (5.3%)

TABLE E6. Other early results

Time to extubation (h, mean $\pm$ SD)	9.0 $\pm$ 6.2
Average blood loss (mL, mean $\pm$ SD)	345 $\pm$ 195
Average amount of blood transfusion (mL, mean $\pm$ SD)	268 $\pm$ 163
No blood transfusion (no.)	57/113 (50.4%)
Dislodgement of vascular ring connector during or after operations (no.)	0/113

TABLE E8. Late outcomes

Complications	No. and type	Treatments	Results
Intracranial hemorrhage	2 type A	Conservative	Died
Gastrointestinal bleeding	1 type B	Conservative	Died
Distal thrombosis	1 type B	Axillofemoral bypass	Recovered
Cerebral embolism	1 type A	Conservative	Recovered
Carotid artery thrombosis	1 type A	Carotid-carotid bypass	Recovered
Recurrent dissection	0		
False aneurysm formation	0		
Major cardiac events	0		
Need for reoperation	0		
Late mortality	2 type A, 1 type B		3/13 (2.7%)