Annular intimal tear of the aortic root misdiagnosed as aortic regurgitation

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A 49-year-old man had a 6-month history of chest tightness and shortness of breath without any sudden chest pain. On examination, his blood pressure was 155/48 mm Hg, and a decrescendo sighlike diastolic murmur of grade 4/6 could be heard at the Erb area. Water-hammer pulse, femoral pistol-shot sound, Duroziez murmur, and capillary pulsation were also detected. Transthoracic echocardiography showed a long, loose membranous structure 10 mm above the right coronary annulus (Figure 1) and prolapsing into the left ventricular outflow tract during the diastolic phase (Figure 2) with severe aortic regurgitation. The diastolic diameter of the left ventricle was 86 mm, and the left ventricular ejection fraction was 69%. The diameter of the aortic root was 37 mm. The posteroanterior chest radiograph revealed an enlarged left ventricle.

Operation for aortic regurgitation was undertaken. During the operation, a midline incision of the chest was performed and antegrade cardioplegia was delivered through the aortic root; however, the heart could not be arrested. When the aortic root was cut open, the annular intimal tear, which was prolapsed into the outflow tract of the left

FIGURE 1. Transthoracic echocardiogram showing a long, loose membranous structure 10 mm above the right coronary annulus.

ventricle, could be seen above the aortic annulus (Figures 3 and 4). The antegrade cardioplegia was then delivered through the coronary ostia. After repair of the tear in the aortic root with felt (Figure 5), the regurgitation of the aortic valve disappeared.

The entity described here was a rare variant of aortic dissection that was characterized by an annular intimal tear without progression and separation of the medial layers, resulting in extensive undermining of the intimal layers. We are concerned that current imaging techniques may be inadequate for diagnosis of this type of aortic dissection, as in this case. The inability to identify this type of dissection preoperatively may result in poor prognosis.

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FIGURE 2. Transthoracic echocardiogram showing prolapse of a membranous structure into the left ventricular outflow tract during the diastolic phase.

FIGURE 3. Preoperative transthoracic echocardiogram of the annular intimal tear in short-axis view of the aorta.

FIGURE 5. Intraoperative photograph showing repair with felt of the tear in the aortic root. This repair corrected the aortic regurgitation.

FIGURE 4. Intraoperative photograph showing opened aortic root to reveal the annular intimal tear prolapsed into the outflow tract of the left ventricle above the aortic annulus. The figure shows what has been revealed by Figure 3 before surgery.