INCREASED PERIOPERATIVE MORTALITY IN ELECTIVE CORONARY ARTERY BYPASS GRAFTING AFTER PREVIOUS PERCUTANEOUS CORONARY INTERVENTION

To the Editor:

The article by Bonaros and colleagues,¹ which clearly establishes the relationship between increased perioperative complications and mortality in patients with previous elective percutaneous coronary intervention (PCI) who underwent further elective coronary artery bypass grafting (CABG), reinforces the hypothesis stemming from pathophysiologic changes elicited by stent insertion.² The study findings are very remarkable, and some additional explanations for these outcomes are offered herein.

The authors studied 306 consecutive patients who underwent CABG after previous elective PCI, and roughly one third of the patients experienced myocardial infarction (MI) at the interval between PCI and CABG. Remarkably, this finding has been unveiled in the meta-analysis of randomized trials comparing PCI with conservative medical treatment in patients with stable coronary artery disease by Katritsis and Ioannidis,³ in which there was a trend for more nonfatal MI in patients who underwent PCI, suggesting an approximately 30% increase in the relative risk of nonfatal MI with PCI. Coronary stenting appears to cause an intense and sustained coronary artery inflammatory response in the vessel wall,

and a large body of evidence links inflammatory mechanisms to atheromatous plaque destabilization, leading to plaque rupture and coronary events.

Furthermore, ejection fraction was found to be lower in the PCI group when compared with that seen in the non-PCI group. Apart from the higher rate of MI in the PCI group, periprocedural PCI-induced myocardial injury might play an important role in this outcome, with an acute ischemic process triggered by several factors related to the stent implantation procedure.²

An approximately 4-fold increase in the incidence of perioperative MI was observed in the PCI group, which was associated with a significantly higher incidence of low cardiac output syndrome and perioperative mortality compared with that seen in the non-PCI group. In this particular aspect one cannot neglect the role of a PCI-induced sustained inflammatory reaction leading to perennial endothelial dysfunction, inducing stent thrombosis, and, more importantly, adversely affecting early and long-term graft patency. This issue remains significantly overlooked, and further studies are urgently required to elucidate this question.

Therefore data from the study by Bonaros and colleagues¹ help to substantiate and unquestionably justify the former premise that CABG might not provide equivalent outcomes in patients with previous stenting.

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cute coronary artery disease: a meta-analysis. *Circulation*. 2005;111:2906-12.

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Reply to the Editor:

Gomes¹ hypothesizes that percutaneous coronary interventions (PCIs) with coronary stents aggravate local and systemic inflammatory reactions, which might be responsible for major coronary events, such as plaque rupture and myocardial infarction. Based on our findings, 33% of the patients studied had a history of myocardial infarction during the interval between PCI and coronary artery bypass grafting.² According to the results of the SYNTAX trial, 4.4% of the patients treated with PCI had a periprocedural major adverse cardiac event.³ Long-term events could be attributed to stent thrombosis as a result of inflammatory reaction, insufficient antiplatelet therapy, or resistance to clopidogrel therapy, aspirin therapy, or both.⁴ Although more than one third of the patients undergoing PCI were treated with drug-eluting stents, the incidence of target lesion revascularization was quite high (19%) in these series. A local inflammatory reaction can result in platelet and leukocyte activation, as well as plaque destabilization, the effects of which might extend to the target vessel.⁵

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